



corestrong

EXTREME CORE 4

For one month starting April 16 we will be changing the format to **Extreme4Core**

Each class will be set up with 4 stations that will continue to rotate and change. They will include cardio, strength, core and endurance.

Each day classes will be different. You can still come everyday! It's just time to simplify your life and get ready for Summer!

If you are not already a member you can join this challenge. Your price will include your cost for the "commit to be fit points challenge."

Winners could win cash prizes, free classes and corestrong swag!

PACKAGES TO JOIN THE CHALLENGE
4 PACK OF CLASSES - \$68
8 PACK OF CLASSES - \$120
UNLIMITED - \$144

STUDENTS AND TEACHERS SPECIAL PRICE IS \$99 - INCLUDES CONTEST REGISTRATION